

AEIS 230. INDIGENOUS HEALTH & NUTRITION

Credits: 3

Offered by: Human Nutrition (Faculty of Agric Environ Sci)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

Description

Examination of the histories impacting the contemporary nutrition, environment, and health of the Indigenous Peoples of Turtle Island by integrating Western and Indigenous knowledge systems with best practices in supporting Indigenous decision-making. Topics include: Indigenous knowledge systems and methodologies, Treaties and Reconciliation, Residential and Day schools, food sovereignty, environmental contamination and climate change, community-based participatory research, Indigenous access to health care, reflexivity and cultural safety, media advocacy strategies.

- Restriction: Open to undergraduate students in the Faculty of Agricultural and Environmental Sciences, other students may enroll with permission of the instructor.
- English language instruction, Fall instruction

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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