

CAFT 609. ADVANCED COUPLE THERAPY.

Credits: 3

Offered by: Social Work (Graduate Studies)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

Description

The four core modalities of couple therapy practice, EFT-humanistic, cognitive behavioural, psychodynamic and systemic, and communications, including common factors and models integrating the lens of gender, race, poverty and social class, and multiculturalism into couple treatment.

- Prerequisite(s) SWRK 623 or equivalent with permission of instructor.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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