

EDGC 324. PHYSICAL HEALTH AND WELLBEING IN EDUCATION.

Credits: 3

Offered by: Integrated Studies in Ed (Faculty of Education)

This course is not offered this catalogue year.

Description

Explores various issues related to physical health and wellbeing in educational contexts. Addresses the physiological needs of children and youth, as well as issues and challenges related to mental health and wellbeing. The readings and specific topics addressed are multidisciplinary, and assignments explore traditional as well as alternative learning approaches and environments in the 21st century.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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