

EDKP 206. BIOMECHANICS OF HUMAN MOVEMENT.

Credits: 3

Offered by: Kinesiology and Physical Ed (Faculty of Education)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

Description

Analysis of fundamental human movement and the kinematic concepts which underlie each: Stability, agility, walking, running, jumping, throwing, absorbing forces, striking, kicking, spinning, twisting, aquatics and work positions.

- Prerequisite: PHYS 101 OR PHYS 131

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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