

EDKP 498. SPORT PSYCHOLOGY.

Credits: 3

Offered by: Kinesiology and Physical Ed (Faculty of Education)

Terms offered: Fall 2025

[View offerings for Fall 2025 in Visual Schedule Builder.](#)

Description

The psychological aspects of participation in sport and physical activity relative to performance enhancement.

- Prerequisite: EDKP 261

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)