

EDKP 504. HEALTH AND LIFESTYLE EDUCATION.

Credits: 3

Offered by: Kinesiology and Physical Ed (Faculty of Education)

This course is not offered this catalogue year.

Description

This course will focus on content development and implementation of Health and Lifestyle concepts within the elementary and secondary physical education curriculum. Emphasis through lectures and labs will allow students' participation and experimentation of activities that could be taught in classroom and/or physical education settings.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)