

EDKP 654. SPORT PSYCHOLOGY.

Credits: 3

Offered by: Kinesiology and Physical Ed (Graduate Studies)

This course is not offered this catalogue year.

Description

The psychological factors and personality characteristics that influence diverse aspects of sport and physical activity. Seminars focus on discussions/presentations of theory, psychometrics and application of psychological principles to behaviour in sport.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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