## FMTP 094. PHYSICAL ACTIVITY (109-104-02).

Credits: 1

Offered by: Farm Mgmt & Technology Program (Faculty of Agric Environ Sci)

This course is not offered this catalogue year.

## Description

This course includes the practical application of games and activities most likely to be incorporated in rural community life. The activities included are:alpine and nordic skiing, broomball, hockey, curling, volleyball, indoor soccer, weight training and swimming.

- · (109-104-02)
- · (0-2-1)

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

Launch Visual Schedule Builder