

# MUGT 405. THE MUSICIAN'S PERFORMING BODY.

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Credits: 3

Offered by: Music Research (Schulich School of Music)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

## Description

The role of the main anatomical bodily systems (e.g., nervous, musculoskeletal, cardiorespiratory, endocrine, nutrition, stress, energy expenditure, and hearing) and associated physiological concepts, including scholarly understanding and application of scientific evidence in music learning, performing, and teaching.

- Restrictions: Open only to U2 students or above. Not open to students who have taken MUGT475 when topic was 'The Musician's Body.'

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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