

MUPG 297. MOVEMENT FOR VOICE.

Credits: 1

Offered by: Performance (Schulich School of Music)

Terms offered: Fall 2025

[View offerings for Fall 2025 in Visual Schedule Builder.](#)

Description

Critical awareness of the body in space, interpersonal and intrapersonal knowledge of one's own spine, torso, and extremities and their function in movement as well as stillness. Methods may include Feldenkreis, period dance, Tai Chi and/or Alexander Technique.

• 1 hour

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)