

NUTR 438. INTERVIEWING AND COUNSELLING.

Credits: 3

Offered by: Human Nutrition (Faculty of Agric Environ Sci)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

Description

Theories of behaviour change. Techniques and skills as applicable to the dietitian's role as communicator, interviewer, counsellor, educator, motivator and nutrition behaviour change specialist.

- Winter
- Three 3-hour conferences
- Prerequisites: NUTR 344 and NUTR 311

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)