

# OCC1 443. CONSTRUCTING MENTAL HEALTH.

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Credits: 3

Offered by: Phys and Occ Therapy (School of Phys & Occ Therapy)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

## Description

This course provides foundational knowledge for occupational therapy practice in psychiatry from a historical and critical perspective. Students will have the opportunity to develop mental health literacy, and apply previously learned concepts for occupation-focused reasoning in the domain of mental illness and mental health.

- Prerequisite(s): OCC1 245 & POTH 250
- Restriction(s): This course is only open to U2 students in the BSc. (Rehab.Sc); Major in Occupational Therapy.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)