

OCC1 450. ENABLING LEISURE OCCUPATIONS.

Credits: 3

Offered by: Phys and Occ Therapy (School of Phys & Occ Therapy)

Terms offered: Fall 2025

[View offerings for Fall 2025 in Visual Schedule Builder.](#)

Description

An examination of the concepts of leisure and play as occupations throughout the lifespan. Students will explore a variety of adapted leisure activities including those available within local community organizations and will appreciate the role of occupational therapy in, and importance of, enabling leisure occupations.

- Prerequisite(s): OCC1 245 & POTH 250
- Restriction(s): This course is only open to students in the BSc. (Rehab.Sc); Major in Occupational Therapy.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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