

PHGY 502. EXERCISE PHYSIOLOGY.

Credits: 3

Offered by: Physiology (Faculty of Science)

Terms offered: Winter 2026

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Description

Behaviour of physiological processes in response to physical effort, in areas such as structural basis of muscle contraction, thermoregulation during exercise, mechanics and energetics of muscle contraction, fuel utilization, fatigue, physiological adjustments during exercise and influence of training.

- Winter
- Prerequisites: PHGY 311, PHGY 312, and PHGY 313

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