

PHTH 460. INTRODUCTION TO FUNCTIONAL MOVEMENT.

Credits: 3

Offered by: Phys and Occ Therapy (School of Phys & Occ Therapy)

Terms offered: Winter 2026

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Description

Introduction to the assessment and instruction of human functional movement patterns, including anatomy, physiology, and biomechanics. Principles of progressive functional resistance training.

- Prerequisites: ANAT 315, ANAT 323, POTH 225, PHTH 440
- Restrictions: Open only to U2 students in the B.Sc.(Rehab.Sc.); Major in Physical Therapy program.

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