

PSYC 100. INTRODUCTION TO PSYCHOLOGY.

Credits: 3

Offered by: Psychology (Faculty of Science)

Terms offered: Fall 2025

[View offerings for Fall 2025 in Visual Schedule Builder.](#)

Description

Introduction to the scientific study of mind and behavior, including basic concepts and methods in psychology while also highlighting the relevance of psychology to everyday life; attachment, aggression, depression, parenting and personality change.

- Fall
- 2 lectures; 1 conference
- Restriction: Not open to students who have passed an Introductory Psychology course in CEGEP: 350-101 or 350-102 or equivalent

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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