PSYC 444. SLEEP MECHANISMS AND BEHAVIOUR.

Credits: 3

Offered by: Psychology (Faculty of Science)

This course is not offered this catalogue year.

Description

This course covers basic biological mechanisms, possible functions and behavioural aspects of sleep. Additional topics include: disorders of sleep, their effects on behaviour and cognition, and treatment approaches; as well as medical, neurological and psychiatric disorders, and drugs, that affect sleep.

• Fall

 Prerequisites: One of PSYC 211, NSCI 201, PHGY 209 AND one of PSYC 311, PSYC 317, PSYC 318, PSYC 342 or permission of instructor.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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