

PSYC 471. HUMAN MOTIVATION.

Credits: 3

Offered by: Psychology (Faculty of Science)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

Description

The course is designed to explore questions such as "Why do people often fail to reach their personal goals?" Current goal-based and need-based theories of human motivation will be reviewed. The instructor will highlight the relevance of motivation research to the domains of education, sports and management.

- Fall
- 3 hours lectures
- Prerequisite: PSYC 215

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

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