

# SWRK 630. ADULT MENTAL HEALTH.

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Credits: 3

Offered by: Social Work (Graduate Studies)

Terms offered: Winter 2026

[View offerings for Winter 2026 in Visual Schedule Builder.](#)

## Description

The objective of this course will be to familiarize students with theories of psychopathology including diagnostic systems, the history of the study of psychopathology and treatment of mental illness. Emphasis will be placed on understanding abnormal behaviour in adults (e.g. anxiety and posttraumatic stress disorders, substance abuse, psychotic disorders and affective disorders and somatization disorders).

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)