

# UQAC 148. SAINES HABITUDES VIE

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Credits: 3

Offered by: Phys and Occ Therapy (School of Phys & Occ Therapy)

This course is not offered this catalogue year.

Most students use Visual Schedule Builder (VSB) to organize their schedules. VSB helps you plan class schedules, travel time, and more.

[Launch Visual Schedule Builder](#)