

COUPLE AND FAMILY THERAPY (NON-THESIS) (M.SC.A.) (60 CREDITS)

Offered by: Social Work (Faculty of Arts)

Degree: Master of Science Applied

Program credit weight: 60

Program Description

This master's-level clinical program (non-thesis) emphasizes clinical understanding and training in couple and family therapy applicable to multidisciplinary clinical professionals in which family systems and related theories can inform clinical practice. The general objectives of the program are to train clinical professionals in couple and family psychotherapy by integrating contemporary theory, research competence and varied approaches to therapy in the understanding and treatment of families today. It will produce graduates with competencies in the assessment and treatment of families across the life cycle with skills that can be applied to specialized psychotherapy practice in health and community settings. Program graduates will fulfil the requirements for both the Couple and Family Therapy permit (OTSTCFQ) and the Psychotherapy permit (OPQ).

Note: For information about Fall 2025 and Winter 2026 course offerings, please check back on May 8, 2025. Until then, the "Terms offered" field will appear blank for most courses while the class schedule is being finalized.

Required Courses (57 credits)

Expand allContract all

Course	Title	Credits
CAFT 600	Couple and Family Therapy Pre-Practicum.	3
CAFT 601	Anti-Oppressive Practice in Couple and Family Therapy.	3
CAFT 602	Advanced Assessment in Couple and Family Therapy.	3
CAFT 603	Research Methods for Couple and Family Therapists.	3
CAFT 604	Sex, Sexuality, and Contemporary Issues .	3
CAFT 605	Advanced Family Treatment Across the Lifespan.	3
CAFT 606	Internship 1 in Couple and Family Therapy.	3
CAFT 607	Legal, Ethical and Professional Issues in C & FT.	3
CAFT 608	Human Development Across Lifespan: Couple & Family Therapy.	3
CAFT 609	Advanced Couple Therapy.	3
CAFT 610	Biological Foundations of Behaviour for C&FTs.	3
CAFT 611	Internship 2 in Couple and Family Therapy.	6
CAFT 612	Internship 3 in Couple and Family Therapy.	6
SWRK 610	Family Treatment.	3
SWRK 622	Understanding and Assessing Families.	3

SWRK 623	Couple Therapy.	3
SWRK 630	Adult Mental Health.	3

Complementary Courses (3 credits)

3 credits from the following:

Expand allContract all

Course	Title	Credits
CAFT 613	Couple and Family Therapy Internal Practicum.	3
EDPC 503	Intersectional Relationships and Sexualities.	3
SWRK 621	Seminar on Trauma and Resilience.	3
SWRK 628	Violence against Women.	3
SWRK 635	Advanced Clinical Seminar: Use of Self.	3
SWRK 655	Seminar on Aging.	3
SWRK 657	Child and Adolescent Mental Health .	3
SWRK 668	Living with Illness, Loss and Bereavement.	3
SWRK 669		
SWRK 670	Seminar on Caregiving.	3