

COUNSELLING PSYCHOLOGY (PH.D.)

Offered by: Educational & Counselling Psych (Faculty of Education)
Degree: Doctor of Philosophy

Program Description

Students pursuing a Ph.D. in Counselling Psychology take a combination of theoretical, practical, and research-based courses throughout the duration of their degree. The program draws upon a number of different sciences (including developmental, social, career and neuropsychology and personality theory) to develop critically astute researchers and exceptionally skilled clinicians. Building on the M.A. in Counselling Psychology (Project concentration), or equivalent, the program offers opportunities in Practicum, Supervision, and full-year Internships to develop clinical skills while also working toward the completion of a doctoral dissertation (thesis). The Ph.D. program, aims to:

1. Contribute to the advancement of knowledge in the field of counselling psychology
2. Practice from strong evidence base
3. Take a leadership role in community, professional, and university organizations in counselling psychology

Graduates of the program will be prepared to assume careers in education and community settings, including faculty positions, counselling and psychological positions on the staff of university and college mental health centres, and professional positions in psychological agencies offering preventative mental health services. The program is currently accredited by the Canadian Psychological Association (CPA), and the *Ordre des psychologues du Québec* (OPQ) (Please note that the APA no longer accredits programs outside of the United States of America). Graduates are eligible for licensure in Quebec.

Note: For information about Fall 2025 and Winter 2026 course offerings, please check back on May 8, 2025. Until then, the "Terms offered" field will appear blank for most courses while the class schedule is being finalized.

Thesis

A thesis for the doctoral degree must constitute original scholarship and must be a distinct contribution to knowledge. It must show familiarity with previous work in the field and must demonstrate ability to plan and carry out research, organize results, and defend the approach and conclusions in a scholarly manner. The research presented must meet current standards of the discipline; as well, the thesis must clearly demonstrate how the research advances knowledge in the field. Finally, the thesis must be written in compliance with norms for academic and scholarly expression and for publication in the public domain.

Required Courses (30 credits)

Expand allContract all

Course	Title	Credits
EDPC 701	Comprehensive Examination.	0
EDPC 702	Assessment and Diagnosis 2.	3

EDPC 714	Theory / Models: Family Therapy.	3
EDPC 720	Consultation and Program Evaluation.	3
EDPC 780	Supervision.	6
EDPC 782	Doctoral Field Experience.	6
EDPC 786	Proposal Preparation and Defense.	6
EDPE 712	Neurological Bases of Behaviour Across Lifespan.	3

Required Internship (24 credits)

Expand allContract all

Course	Title	Credits
EDPC 795	Pre-doctoral Internship.	24

Complementary Courses (6 credits)

6 credits from the following:

Expand allContract all

Course	Title	Credits
EDPE 682	Univariate/Multivariate Analysis.	3
EDPE 684	Applied Multivariate Statistics.	3
EDPE 687	Qualitative Methods in Educational Psychology.	3

Elective Courses (6 credits)

Two courses that must be at the 500, 600, or 700 level. Electives are on topics related to specialized interests and must be approved by the supervisor.