

MENTAL HEALTH (PH.D.)

Offered by: Psychiatry (Faculty of Medicine and Health Sciences)

Degree: Doctor of Philosophy

Program Description

The Ph.D. in Mental Health, which is rooted in a strong tradition of multidisciplinary research approaches, focuses on the development of mental health services and policy, social and cultural psychiatry, and clinical and transnational psychiatry. Students are exposed to a rich body of knowledge in psychiatry and mental health research methods by participating in regular academic activities organized by different units of the Department of Psychiatry, such as weekly research seminars, global mental health rounds, Indigenous mental health workshops, the Summer Program in Cultural Psychiatry, and the conferences and workshops organized by the Advanced Study Institute in Cultural Psychiatry.

Note: For information about Fall 2025 and Winter 2026 course offerings, please check back on May 8, 2025. Until then, the "Terms offered" field will appear blank for most courses while the class schedule is being finalized.

Thesis

A thesis for the doctoral degree must constitute original scholarship and must be a distinct contribution to knowledge. It must show familiarity with previous work in the field and must demonstrate ability to plan and carry out research, organize results, and defend the approach and conclusions in a scholarly manner. The research presented must meet current standards of the discipline; as well, the thesis must clearly demonstrate how the research advances knowledge in the field. Finally, the thesis must be written in compliance with norms for academic and scholarly expression and for publication in the public domain.

Required Courses (6 credits)

Expand allContract all

Course	Title	Credits
PSYT 605	History and Philosophy of Psychiatry .	3
PSYT 606	Mental Illness: Symptoms Diagnostics and Determinants.	3
PSYT 701	Comprehensive Exam Mental Health.	0

Complementary Courses (3 credits)

3 credits from the following or 3 credits of 500 level or higher from another unit chosen in consultation with the student's academic advisor or supervisor:

Expand allContract all

Course	Title	Credits
PSYT 500	Advances: Neurobiology of Mental Disorders.	3
PSYT 515	Advanced Studies in Addiction.	3
PSYT 620	Trends in Clinical Psychiatry.	3

PSYT 625	Qualitative Research in Health Care.	3
PSYT 630	Statistics for Neurosciences.	3
PSYT 633	Social and Cultural Research Methods.	3
PSYT 682	Psychosocial Issues of Disease.	3
PSYT 696	Special Topics in Psychiatry.	3
PSYT 711	Cultural Psychiatry.	3
PSYT 713	Psychiatric Epidemiology.	3