

SCHOOL OF HUMAN NUTRITION

About the School of Human Nutrition

The health and well-being of individuals and populations in relation to food choices and metabolism prevails as the unifying theme of the programs in the School of Human Nutrition, a part of the McGill University Health Sciences.

The school offers a **B.Sc.(Nutr.Sc.)** in either the Dietetics Major or the Nutrition Major.

The **Dietetics Major** is an accredited professional program which leads to eligibility to register with a provincial dietetic regulatory body as a registered dietitian. In Quebec, the titles "dietitian" and "nutritionist" are included in the reserved titles for those who are members of the *Ordre des diététistes-nutritionnistes du Québec (ODNQ)*. Our 3.5-year (115 credits) Dietetics Major is an undergraduate degree which is recognized by O.D.N.Q. to meet their eligibility requirements to become a member. The Stages are sequenced and integrated into each year of study, and provide 1500 hours of non-paid internship experience divided into four levels of Stage. Students are exposed to a variety of practice settings including clinical nutrition, community nutrition, and food service management. The program is designed according to the Integrated Competencies for Dietetics Education and Practice (ICDEP). Accreditation information is available on the faculty website.

The **Nutrition Major** is a 90-credit undergraduate degree. At its core, it deals with how diet, nutrition, and metabolism affect human health and disease risk. It offers exciting opportunities to specialize in one of *four concentrations* (Food Function and Safety; Global Nutrition; Metabolism, Health and Disease; and Sports Nutrition), to incorporate research experience, travel for field studies, or a minor in your program. It does not lead to professional licensure as a Dietitian/Nutritionist; however, it is excellent preparation for further studies including graduate, medical, veterinary, and other professional schools; or for careers in the food, pharmaceutical or other industry, government, NGO, or global health organizations.

B.Sc.(F.Sc.)/B.Sc.(Nutr.Sc.): The School also offers a dual degree, the **B.Sc. Food Science/Nutritional Science Major**, which is a 122-credit undergraduate degree. You will obtain a strong background in chemical sciences regarding the physical nature and chemical properties of foods, combined with an advanced understanding of the important role of nutrition and metabolism in health and disease.

For those interested in applying, please refer to the Undergraduate Admissions website for more information.

Degrees Offered by the School of Human Nutrition

Bachelor of Science in Nutritional Sciences – B.Sc.(Nutr.Sc.)

Two undergraduate degree programs are offered by the school.

- The **Dietetics** Major leads to professional qualification
- The **Nutrition** Major offers four concentrations:

- Food Function and Safety
- Global Nutrition
- Metabolism, Health, and Disease
- Sports Nutrition

M.Sc.A., M.Sc., and Ph.D.

Graduate degrees in Human Nutrition are also offered in thesis and non-thesis-based research at the master's level and thesis-based research at the doctoral level. Three options are available in the M.Sc. (Applied) degree:

- Dietetics Credentialing
- Practicum
- Project

For further information, contact the school or refer to the Agricultural & Environmental Sciences' Graduate and Postdoctoral Studies section.

Academic Information and Regulations

Application Procedures

Entry into the Dietetics major, the Nutrition major and the Foundation Program of the B.Sc.(Nutr.Sc.) is only possible in September.

Application deadlines:

- Applicants studying outside of Canada: **January 15**
- Applicants from Canadian high schools outside of Quebec: **February 1**
- CEGEP applicants: **March 1**
- Transfer/Second degree applicants from Canadian universities: **May 1**
- Mature students: **May 1**

Applications to the School of Human Nutrition must be submitted online.

Academic Standing

For general information, see Academic Standing.

Dietetics students please note:

- Undergraduate registration for all Professional Practice (Stage) courses is restricted to students in the Dietetics Major with a CGPA greater than or equal to 3.00. The CGPA requirement is firmly applied.
- Students in the Dietetics Major who have a CGPA below 3.0 for two consecutive years will not be permitted to continue in the program.

Available Programs

- Dietetics Major (B.Sc.(Nutr.Sc.))
- Nutrition Honours (B.Sc.(Nutr.Sc.))
- Nutrition Major - Food Function and Safety (B.Sc.(Nutr.Sc.))
- Nutrition Major - Global Nutrition (B.Sc.(Nutr.Sc.))
- Nutrition Major - Metabolism, Health and Disease (B.Sc.(Nutr.Sc.))
- Nutrition Major - Sports Nutrition (B.Sc.(Nutr.Sc.))
- Human Nutrition Minor (B.Sc.(Ag.Env.Sc.))

Location

Macdonald Campus

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