

# APPLIED PERFORMANCE SCIENCES MINOR (B.MUS.) (18 CREDITS)

**Offered by:** Music Research (Schulich School of Music)

**Degree:** Bachelor of Music

**Program credit weight:** 18

## Program Description

The B.Mus. Minor in Applied Performance Sciences is an introduction to key topics in performance science and how they are applied to music practice, performance, creation, and education. The program offers opportunities to explore new intersections between music and applied sciences by examining topics related to optimal performance, healthy playing and singing, as well as physical, psychological, and social determinants in music development, learning, and performance, and applied research approaches. This program focuses on developing scientific awareness and applying scientific knowledge to music learning, performing, and teaching practices.

**Note:** For information about Fall 2025 and Winter 2026 course offerings, please check back on May 8, 2025. Until then, the "Terms offered" field will appear blank for most courses while the class schedule is being finalized.

## Required Courses (12 credits)

Expand allContract all

Course	Title	Credits
MUGT 205	Psychology of Music.	3
MUGT 350	Introduction to Applied Research in Music.	3
MUGT 405	The Musician's Performing Body.	3
MUPG 300	Music Performance Strategies.	3

## Complementary Courses (6 credits)

### Special Projects

3 credits from:

Expand allContract all

Course	Title	Credits
MUGT 475	Special Project.	3
MUPD 475	Special Project: Professional Development 3.	3
MUPG 475	Special Project in Performance.	3

### Interdisciplinary courses

3 credits from:

Expand allContract all

Course	Title	Credits
EDKP 250	Introductory Principles in Applied Kinesiology.	3
EDKP 292	Nutrition and Wellness.	3

EDKP 293	Anatomy and Physiology.	3
MUPG 296	Acting for Voice.	1
MUPG 297	Movement for Voice.	1
MUPG 563	Topics in Performance 1. <sup>1</sup>	1
MUPG 564	Topics in Performance 2. <sup>1</sup>	2
MUPG 565	Topics in Performance 3. <sup>1</sup>	3
PSYC 100	Introduction to Psychology.	3
PSYC 204	Introduction to Psychological Statistics.	3
PSYC 311	Human Cognition and the Brain.	3

<sup>1</sup> When topic is relevant to applied performance sciences.