

# OCCUPATIONAL THERAPY (B.SC.) (REHABILITATION SCIENCE) (90 CREDITS)

**Offered by:** Phys and Occ Therapy (Faculty of Medicine and Health Sciences)

**Degree:** BSCRS

**Program credit weight:** 90

## Program Description

The B.Sc.(Rehabilitation Science); Major in Occupational Therapy emphasizes basic health sciences foundation specific to the practice of Occupational Therapy. The program focuses on occupation and occupational performance in daily life, community rehabilitation, client-centered and evidence based practice, clinical reasoning, ethics, teamwork and professionalism as essential components for the development of a humanistic, ethical, knowledgeable, competent, critical thinking and problem-solving occupational therapist.

### Degree Requirements – B.Sc.

***This program is offered as part of a Bachelor of Science (B.Sc.) degree.***

To graduate, students must satisfy both their program requirements and their degree requirements.

- The program requirements (i.e., the specific courses that make up this program) are listed under the Course Tab (above).
- The degree requirements—including the mandatory Foundation program, appropriate degree structure, and any additional components—are outlined on the Degree Requirements page.

Students are responsible for ensuring that this program fits within the overall structure of their degree and that all degree requirements are met. Consult the Degree Planning Guide on the SOUSA website for additional guidance.

**Note:** For information about Fall 2025 and Winter 2026 course offerings, please refer to Visual Schedule Builder. A technical issue is causing the "Terms offered" field to incorrectly report "this course is not currently offered" for many courses in the Course Catalogue.

## Required Courses (75 credits)

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Course	Title	Credits
ANAT 315	Clinical Human Musculoskeletal Anatomy.	3
ANAT 316	Clinical Human Visceral Anatomy .	3
ANAT 321	Circuitry of the Human Brain. <sup>1</sup>	3
ANAT 323	Clinical Neuroanatomy. <sup>1</sup>	3
IPEA 500	Roles in Interprofessional Teams.	0
IPEA 501	Communication in Interprofessional Teams.	0
OCC1 245	Introduction to Professional Practice 1.	3

OCC1 443	Constructing Mental Health.	3
OCC1 450	Enabling Leisure Occupations.	3
OCC1 500D1	Pre-Clinical Practicum Seminar.	0
OCC1 500D2	Pre-Clinical Practicum Seminar.	0
OCC1 545	Therapeutic Strategies in OT 1.	8
OCC1 547	Occupational Solutions 1.	6
OCC1 548	Holistic Approaches in OT.	3
OCC1 549	Therapeutic Strategies in OT 2.	4
OCC1 550	Enabling Human Occupation.	3
OCC1 551	Psychosocial Practice in OT.	3
PHGY 209	Mammalian Physiology 1.	3
PHGY 210	Mammalian Physiology 2.	3
POTH 204	Introduction to Statistics for OT/PT.	3
POTH 225	Introduction to Biomechanics in Rehabilitation Sciences.	3
POTH 250	Introduction to Professional Practice 2.	3
POTH 305	Statistics for Experimental Design OT/PT	3
POTH 401	Research Methods.	3
POTH 434	Musculoskeletal Biomechanics.	3
POTH 455	Neurophysiology.	3
POTH 563	Foundations of Professional Practice.	3

<sup>1</sup>

Note: Students may choose ANAT 321 Circuitry of the Human Brain. or ANAT 323 Clinical Neuroanatomy. but not both.

## Complementary Courses (15 credits)

These courses are to be completed prior to entering third year (U3). The complementary credits are chosen from the following areas:

- Psychology
- Management (in the area of personnel and private practice management)
- Academic Writing
- Sociology/Anthropology courses
- French or English second language course if not proficient in French or English (maximum of 6 credits)
- Students may also take a 3-credit Sports Medicine Practicum course as part of the complementary courses. (Selection interview required for Sports Medicine Practicum.)
- Maximum of 3 credits of a personal interest course.