

PHYSICAL AND OCCUPATIONAL THERAPY

School of Physical and Occupational Therapy

Excellence in research and teaching is the foundation and tradition of the School of Physical and Occupational Therapy, situated on McGill University's upper campus in a gracious downtown area of the beautiful city of Montreal, Quebec. The faculty educates rehabilitation professionals and, through research, generates the body of knowledge which guides our professions to advance the health, function, and participation of the individual in society.

Professional Profiles Occupational Therapy

Occupational therapy examines all aspects of how occupation as a therapeutic intervention enhances and enables health-related quality of life. Individuals who are affected by physical injury, disability, or psychosocial dysfunction are among the clientele served by occupational therapists. Occupational therapy maximizes independence, prevents disability, and promotes health across the lifespan, from early intervention in infancy to preventive interventions with older adults. In the field of mental health, the occupational therapist contributes to clarifying the functional psychiatric diagnosis and assists clients in coping with environmental stress and integration into the community.

Further information is available from the Canadian Association of Occupational Therapists.

Physical Therapy

Physical Therapy (a.k.a., physiotherapy) is a primary care, autonomous, client-focused health profession dedicated to: improving and maintaining functional independence and physical performance; preventing and managing pain, physical impairments, disabilities, and limits to participation; and promoting fitness, health, and wellness (via Canadian Physiotherapy Association).

Physical therapists use exercise, physical modalities, manual therapy approaches, assistive devices, and lifestyle management to help individuals obtain maximal functional potential. The physical therapist is a health professional who contributes to the multidisciplinary team through patient evaluation, treatment planning and delivery, education, research, and consultation in clinics, industry, and the community.

- Occupational Therapy (B.Sc.) (Rehabilitation Science)
- Physical Therapy (B.Sc.) (Rehabilitation Science)

Location

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