

KINESIOLOGY MINOR (B.SC.) (24 CREDITS)

Offered by: Kinesiology and Physical Ed (Faculty of Science)

Degree: Bachelor of Science

Program credit weight: 24

Program Description

The Minor Kinesiology is designed to provide students in B.Sc. programs with basic but comprehensive knowledge of scientific bases of human physical activity and its relationship with health and well-being.

Students registered in the Minor Kinesiology may not take additional courses outside the Faculties of Arts and of Science.

This minor program requires an application due to limited enrolment space. Please see <http://www.mcgill.ca/isa/faculty-advising/minor-programs> for procedures and deadlines.

Note: For information about Fall 2025 and Winter 2026 course offerings, please check back on May 8, 2025. Until then, the "Terms offered" field will appear blank for most courses while the class schedule is being finalized.

Required Courses (15 credits)

Expand allContract all

Course	Title	Credits
EDKP 206	Biomechanics of Human Movement.	3
EDKP 261	Motor Development.	3
EDKP 395	Exercise Physiology.	3
PHGY 209	Mammalian Physiology 1.	3
PHGY 210	Mammalian Physiology 2.	3

Complementary Courses (9 credits)

9 credits, three of the following courses:

Expand allContract all

Course	Title	Credits
EDKP 330	Physical Activity and Public Health.	3
EDKP 394	Historical Perspectives.	3
EDKP 396	Adapted Physical Activity.	3
EDKP 405	Sport in Society.	3
EDKP 444	Ergonomics.	3
EDKP 445	Exercise Metabolism.	3
EDKP 446	Physical Activity and Ageing.	3
EDKP 447	Motor Control.	3
EDKP 448	Exercise and Health Psychology.	3
EDKP 449	Neuromuscular and Inflammatory Pathophysiology.	3
EDKP 485	Cardiopulmonary Exercise Pathophysiology.	3
EDKP 495	Scientific Principles of Training.	3

EDKP 498	Sport Psychology.	3
EDKP 542		3
EDKP 566	Advanced Biomechanics	3